





The best activities guide around!

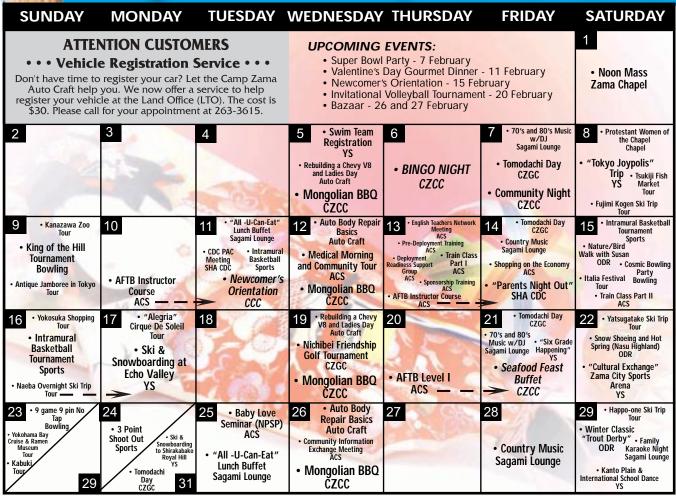
**JANUARY 2005** 





#### CALENDAR OF EVENTS









The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and

are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



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#### THIS MONTH'S COVER

In commemoration of Dr. Martin Luther King's Birthday, a National Holiday on 17 January 05, a variety of events are planned for our community in January.

- Dr. Martin Luther King Observance at the Community Cultural Center, 11 January, 3:30 4:30 pm.
- Luncheon at the Dining Facility, 12 January, 11:30 am 1 pm.
- Teen Talent Show at the Zama Youth Center, 13 January, 6 - 8 pm.
- Bowl-A-Thon at the Zama Bowling Center, 15 January, 7 9:30 pm.

This month's Bugle cover shows SGT Annetta Reed of the Japan District Veterinary Command and SSG Richard J. Rau II, Operations Sergeant of the Office of the Provost Marshal, making a display in the foyer of Building 102. They are command representatives for the Dr. Martin Luther King Observance. Another fine display is in the foyer (Bldg 102 side) of Building 101.

Photo by Dick Haun, and technical enhancement by Hideko McKeta.



See inside back page for MWR facilities and additional activities.

#### **MWR MARKETING**

Address:

The U.S. Army Garrison, Japan Unit 45006 Attn: APAJ-GH-CA-CSM APO AP 96343-5006 Official Business

Location: Camp Zama, Bldg.102 B100 (Northeast Corner)

# ■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

#### **YOUTH SPORTS**

he Tech Club

is open to all youth services

Tuesdays at 3:30 pm in the

professional equipment and

software the Tech Lab has,

on-hands experience by

video commercials, having

photo shoots, creating web

producing graphic designs

pages and web sites,

and much more.

members learn life skills and

making, editing and producing

members and meets on

Tech Lab. With the

#### • Swim Team Registration

Wednesday, 5 January, youth sports swim team registration deadline. Register at Central Registration, Building #533.

#### YOUTH SERVICES HIGH SCHOOL LEADERSHIP PROGRAMS (9 - 12 GRADES)

#### Torch Club

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. A Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted

and needed. The MS Torch Club meets Mondays at the CZ Youth Center.

#### • Keystone Club

is a high school leadership group that creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to live a responsible, fulfilled life; understand and participate in the free enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

#### • The CZ DJ Club

is a high school leadership club that promotes music as a fine art. The DJ Club learns and discusses the different types of music available to youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and HS dances. The HS DJ Club members are required to mentor MS youth. The DJ Club meets every 2nd and 4th Monday of the month at the Camp Zama Youth Center.



# Youth Center January Activities

- Saturday, 8 January, Trip to "Tokyo Joypolis". This place is full of 3D adventure and excitement. Cost of the trip is \$30 for admission and transportation. There are only 30 seats available on the bus. Please get your registration forms in by 3 January. We need a minimum of 10 participants for this trip to happen.
- Monday, 17 January, enjoy an exciting day of skiing and snowboarding at Echo Valley. The bus will depart the Youth Center at 5 am and will
  return at 9 pm. The cost, \$45, includes Free ski or snowboard rental, transportation and free instruction from a trained professional. You
  must go to Outdoor Recreation for free equipment rental seven days prior to the trip. Sign up at Central Registration, Bldg. 533.
- Friday, 21 January, our monthly "6th Grade Happening" will be scheduled from 7 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.
- Saturday, 22 January, come out and enjoy a day of "Cultural Exchange" with our monthly youth to youth event at the Zama City Sports Arena from 10 am 2 pm. Call Mr. Robert Chance at 263-4066 for more information.



Baskerball Clased 26 January - 9 February 05 This pro

Camp Zama Youth Sports presents "HOT SHOTS". This is an allnew sports program catering to youth between the ages of 3 - 4
in three major sports: soccer, basketball and T-ball. Age
appropriate equipment will be provided to make the experience
as enjoyable as possible. Cost for each sport is only \$15, and
each player will receive an official Hot Shots t-shirt. Games will
be held once a week and will last approximately 30 minutes.
This program is designed to introduce youth to the fundamental
skills of each sport in a fun filled setting.

For more information, contact Stefan Thompson at 263-5437 or Mike Sherwood 263-3424

# uy our lunch special at the Zama Bowling Center Monday -Friday and bowl free (same day) from 11:30 am - 1 pm.



# ■ Zama Bowling Center • 263-4780

#### **HOLIDAY HOURS**

1 - 2 January the Bowling Center will be closed.

#### **EXTREME BOWLING**

Every Saturday Night 7 - 10 pm
"Unlimited bowling and shoe rental" children under 10 free children 10 - 17 years old: \$1.50 Adults: \$3.50

#### **FREE BOWLING**

Wednesdays, 3 - 9:30 pm. Bring the family.

# MONTH OF DECEMBER ACTIVITIES

• King of the Hill Tournament

Sunday, 9 January, 11 am - 6 pm. For just \$50, enjoy a whole day of bowling with some of the best bowlers in the Kanto Plain. Double elimination until we reach the "King of the Day".

• 9 game 9 pin No Tap

Sunday, 23 January, 11 am - 4 pm, "No Tap Marathon Tournament".



# ■ Auto Craft Shop • 263-3615

#### Learn How to Rebuild a CHEVROLET ENGII

In this course you will have the apportunity to overhaul a Chevy 350 engine. The program will consist of various blocks of instruction to include, theory, assembly techniques, and specialized tool use. Complete the entire course and receive a special award. An ASE Certified Technician will teach the program and the course is free. The program will be conducted the first and third Wednesday of every month, 4:30 - 5:30 pm.

#### **HOURS OF OPERATION:**

Monday and Tuesday - CLOSED Wednesday - Friday 1 - 9 pm Saturday – Sunday

#### **PLEASE NOTE:**

• Wednesday - Friday clean up starts a half hour before closing.

10 am - 6 pm

• Sunday clean up starts one hour before closing.

#### LIFETIME SPORTS AND RECREATION PROGRAM

Rebuilding a Chevy V8 5 and 19 January, 4:30 - 6:30 pm Ladies Day

5 and 19 January, 1 - 9 pm Auto Body Repair Basics 12 and 26 January, 4:30 - 6:30 pm

#### SAFETY ORIENTATION

DA 3031-1 Qualification Card for use of the Auto Crafts Shop is issued after a safety orientation given daily 15 minutes after opening and again at 5 pm on weekdays. The weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

#### **SERVICES**

#### • Towing Service and Roadside **Assistance**

We offer a towing service and roadside assistance Wednesday through Sunday. Call for rates and more information.

• Used Vehicle Courtesy Inspection

We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

#### • Used Car Referral Service

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle available for sale in our referral list. All vehicles must be registered to qualify for this free service.

#### **CLUBS**

Anyone interested in joining a Motor Sports Club? Contact Frank Bordenave at 263-3615.

#### **CAR WASHES**

Auto Crafts has three car wash locations: Camp Zama, Sagamihara

Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respec-

At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

Prepaid cards for the "NEW" car washes are for sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information. Avoid the hassle of having to get change; it's the best deal going!





Professional Fuel Injection Cleaning Service: \$59.95
Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage and harmful exhaust emissions.

Professional Oil System Cleaning Service: \$59.95

Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra). Call for appointment, 263-3615



# ■ Sports Office • 263-3954

ntramural Basketball
Tournament.

There will be an Intramural Basketball Tournament, 15 - 16 January, at the Yano Fitness Center. The event is open to all Camp Zama intramural teams (18 years of age and older and not in high school). There is no fee for this event. For additional information, please call Andy Abear at 263-7980, or e-mail andrew.abear@zama.army.mil

#### **SPORTS**

#### Intramural Basketball

Starts on Tuesday, 11 January. Units and organizations in the Camp Zama, Sagami Depot, and Sagamihara Housing Area are eligible. Entry deadline is Wednesday, 5 January, 3:30 pm. Individuals desiring to participate whose unit or organization does not have a team may enter the player's pool. For more information, call Andy Abear at 263-7980 or e-mail: andrew.abear@zama.army.mil.

#### **CLASSES**

#### • Step Aerobics

Mon, Tue, Wed, and Thu, 5:30 - 6:30 pm

• Toning Class

Tuesday, 4:45 - 5:30 pm

Monthly, weekly, and daily cards are available (there is a fee for this program). For more information, contact the Yano Fitness Center at 263-4664.

#### Yoga Class

"Hatha Yoga" is now being offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center Cardio Room. "Meditative Yoga" is now being offered on Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk or phone 263-4664.

#### **MASSAGE THERAPIST**

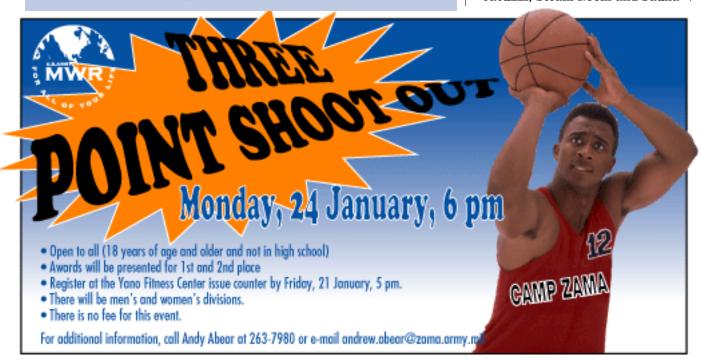
"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Call the front desk at 263-4664 for an appointment. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes.

# THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:

- **Tanning Booth:** \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits
- **Aqua Massager:** \$5 for 15 minutes
- Jacuzzi, Steam Room and Sauna

# LIFETIME SPORTS & RECREATION (Sports Office)

- Intramural Basketball Tournament, 15 16 January, POC, Andy Abear, 263-7980
- Three Point Shoot Out, Monday, 24 January, POC Andy Abear, 263-7980
- 3. Ongoing Fitness Classes, POC Joe Kumzak, 263-4042
- Ongoing Swim Lessons, Adult & Youth, POC Kimber Bailes, 263-5656



The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

# AQUATICS, 263-5656 • Pool Party Reservations

If you are considering a pool party please submit a "Pool Party Reservation Request" to the aquatics director at the Yano Fitness Center no less than two weeks in advance of the date being requested. Forms are available at Yano Fitness Center. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the aquatics director, availability of staff assessed (for after hours pool parties specifically), and the aquatics director approves the request. For more information, contact Kimberly Bailes, Aquatics Director. 263-5656.

# • Training Reservations for the Swimming Pool

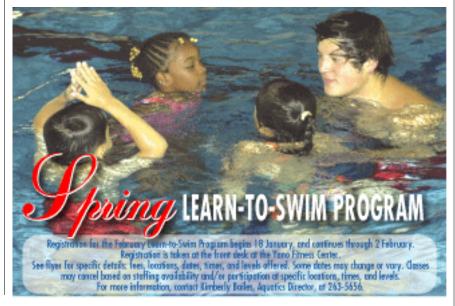
If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request"

to the aquatics director at the Yano Fitness Center. For reservations at the Yano pool, submit the reservation request preferably *two weeks* in advance but *NO LESS THAN one week* in advance. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the aquatics director, availability of staff assessed, and the aquatics director approves the request. For more in-

formation, contact Kimberly Bailes, Aquatics Director, at 263-5656.

#### **PTTRAINING**

Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (for Soldier PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information reference any of the above classes and reservations, contact Ms. Bailes at 263-5656.





# -BOOKS.

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today.



# ■ Community Libraries • 263-3517

LIFETIME SPORTS & RECREATION
Read a Book (adult = 1 book /
minimum of 300 pages; child 6 - 4 =
total of 14 easy or 300 pages of fiction
or non fiction)

#### **ON-LINE RESEARCH TOOL**

Try our on-line research tools First Search, OCLC, and Facts on File to search for the information you need. Stop by the library and discover a world of information at your fingertips. Have fun learning lifetime skills by joining the Lifetime Sports and Recreation Program! Read a book and participate in any other three additional events/programs and receive a free lifetime hat or shirt.

#### **STORY HOUR**

Story Hour is every Thursday, 10 am, at the Sagamihara Library.

Interested in being a volunteer storyteller at SHA? Please call 263-5267.

#### **NEW MCNAUGHTON BOOKS**

- Unfit for Command by O'Neil, John E. and Corsi, Jerome R. (Bestseller)
- Skywriting by Pauley, Jane (Bestseller)
- White Hot by Brown, Sandra (Bestseller)
- The Book of Secrets by Chopra,

#### Deepak

- Brimstone by Preston, Douglas J.
- Chain of Command by Hersh, Seymour M.
- Da Vinci Decoded by Gelb, Michael
- Double Play by Parker, Robert B.
- Melancholy Baby by Parker, Robert B.
- Murder List by Garwood, Julie
- Villages by Updike, John
- Winds of Change by Grimes, Martha

#### **NEW BOOKS**

- Jerusalem and The Holy Land by Eyewitness Travel Guides
- Living Wicca by Cunningham, Scott
- Wicca by Cunningham, Scott
- In The Know in Japan by Phillips, Jennifer
- Learning The Tarot by Bunning, Joan

#### **NEW DVDS**

Behind Enemy Lines Drama
Black Beauty Drama
La Dolce Vita Drama
Hannah and Her Sisters Drama
Jawbreaker Drama
Joy Ride Drama
The Last Picture Show Drama
The League of Extraordinary Gentle-
men Drama
Local Hero Drama
Sex and Lucia Drama
21 Grams Drama
The Man Who Knew Too Much
Mystery
Alfred Hitchecock Presents Vol. 2.
mired interfector i resents voi. 2.
Mystery
Mystery
Mystery Family Plot Mystery
Family Plot Mystery Psycho Mystery
Family Plot Mystery Psycho Mystery Rope Mystery Shadow of a Doubt Mystery Topaz Mystery
Family Plot Mystery Psycho Mystery Rope Mystery Shadow of a Doubt Mystery
Family Plot Mystery Psycho Mystery Rope Mystery Shadow of a Doubt Mystery Topaz Mystery
Family Plot Mystery Psycho Mystery Rope Mystery Shadow of a Doubt Mystery Topaz Mystery Pale Rider Western
Family Plot Mystery Psycho Mystery Rope Mystery Shadow of a Doubt Mystery Topaz Mystery Pale Rider Western D-Day War The Battleship Potemkin War Mr. Klein Thriller
Family Plot Mystery Psycho Mystery Rope Mystery Shadow of a Doubt Mystery Topaz Mystery Pale Rider Western D-Day War The Battleship Potemkin War
Family Plot Mystery Psycho Mystery Rope Mystery Shadow of a Doubt Mystery Topaz Mystery Pale Rider Western D-Day War The Battleship Potemkin War Mr. Klein Thriller

Check out our web site: http://www.usarj.army.mil/information/zama/mwr/library/index.htm



You can pick up a complete registration package and register at the Central Registration Office located in Bldg.

If you have questions, please contact School Age Services at 267-6013.

atmosphere at School Age Service is inviting for children needing before and after school care

533 on Camp Zama.

# ■ Chapel Activities • 263-4898

#### **CATHOLIC SERVICES**

**Mondays - Thursdays,** noon - 12:15, daily mass. Blessed Sacrament Chapel

**Sundays,** 9:15 am, Mass, Zama Chapel

**Sundays,** 11 am, CCD, Religious Education Center

**1st Sunday,** 5 pm, Parish Potluck, Religious Education Center

**1st Friday,** 7:30 pm, CWOC Mass, Blessed Sacrament Chapel

**2nd Friday,** 7 pm, Our Lady's Rosary Makers, Religious Education Center

Childcare is provided for children up to age 3 from 9 - 10:30 am in Bldg. 502 (building next to the chapel parking lot).

#### **PROTESTANT SERVICES**

**Sundays,** 9 am, Sunday School / Team-Kid, Religious Education Center

**Sundays,** 11 am, Worship Service, Zama Chapel

**Sundays,** 5:30 pm, Youth Group, Chapel Annex

A nursery is provided for children up to age 3 at Zama CDS, Bldg 502, during the time of Sunday services only.

### SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School,

Sagamihara Chapel

**Sundays,** 10:30 am, Worship Service, Sagamihara Chapel

**Wednesdays,** 7 pm, Bible Study, Sagamihara Chapel

## PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

# SEVENTH DAY ADVENTIST SERVICES

**Saturday,** 9:15 am, Sabbath Worship Service, Zama Chapel

**Wednesday**, 6:30 pm, Prayer Meeting Service

**Friday,** 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

#### **JEWISH SERVICES**

**2nd and 4th Friday,** 5:30 pm, Yokosuka Naval Base Chapel, LCDR Gersh, 243-9511

#### **ECKANKAR**

Monthly book discussion, Religious Education Center (Rm 112). Contact Sue at 267-6227 for meeting dates and times.

#### **BUDDHIST SERVICES**

(Soka Gakkai International)

**Mondays and Fridays,** 7 pm, discussion and meditation, SHA Chapel,

contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

#### ON GOING BIBLE STUDIES

**Wednesdays,** 6 - 8 pm, Protestant Women of the Chapel (PWOC) Bible Study, Zama Chapel, Carleen Dunn at 267-6275

**Thursdays,** 9:30 am, PWOC Bible Study, Carleen Dunn at 267-6275

# CHAPEL ACTIVITIES IN JANUARY

**Saturday, 1 January,** noon "Noon Mass", Zama Chapel.

**Saturday, 8 January,** 6 - 8 pm, Protestant Women of the Chapel, January Fellowship, Zama Chapel Fellowship Hall, Carleen Dunn at 267-6275

The Zama Chapel has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

# THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

**Sunday Services**, 2 - 5 pm at the LDS Chapel on Highway 16 **Tuesday Night Youth Service**, 7 pm at the SHA Chapel



# Camp Zama Community Club

• 263-4133

lub will be closed on 1 -2 January. On 1 January, the "continental breakfast" will be served at Lodging (Bldg 552), and on 2 January at Cafe Roberto's.

On Monday, 17 January, the club will be closed for Martin Luther King Jr's birthday. Cafe Roberto's will be open for continental breakfast, 7 - 9 am.

# ■ EDA'S SEAFOOD AND FILET Check out Eda's new menu.

A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

#### BINGO NIGHT

More games and more money to pay out. Progress SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards to on sale at 6 pm, the game starts at 7 pm, and on Sun-

day cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try out terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out Don't worry about dinner; you can eat while you play.

#### ■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm. adults: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

#### ■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

#### • Firelite Lounge

Thu Variety Music 8 - 11 pm
Fri Karaoke 7 - 10 pm
Hip Hop 10 pm - 3:30 am
Sat Country 8 pm - 2:30 am





#### LUNCH

#### **Sunday**

Sunday Brunch (10 am - 1:30 pm) Adult:\$12.95 Youth 8 - 12: \$4.95

> Youth 4 - 7: \$2.50 3 and under: Free

#### Monday - Closed Tuesday

- 4 Veal Parmesan w/Marinara Sauce
- 11 Oriental Fried Fish w/Ankake Sauce
- 18 Katsudon
- 25 Hawaiian Chicken

#### Wednesday

- 5 Stuffed Green Pepper
- 12 Chicken Cacciatore

night" only).

- 19 Spanish Chicken w/Garlic
- 26 Baked Fish Fillet w/Ratatouille

#### **Thursday**

6 Hamburger Steak w/Kinoko Oroshi Sauce

#### LUNCH

- 13 Spicy Chicken and Stir Fry Vegetables
- 20 Pork Escalopes Italian Sausage and Capers
- 27 Corned Beef with Cabbage

#### Friday - Smorgasbord

- 7 Baked Herbed Chicken
  - Fried Fish Fillet
  - Rice Pilaf / Potato Au Gratin
- 14 Fried Chimichangus
  - Beef Fajita
  - Chicken Enchiladas
  - Mexican Rice
- 21 Chinese Chili chiken
  - Marbou Tofu
  - Fried Rice
  - Fried Gyoza
- 28 Stir Fry Spicy Korean Beef w/Vegetables
  - Sweet Sour Pork
  - White Rice

Saturday - No Lunch

OTHER EVENINGS IN THE USA DINING ROOM

2 for 1 Steak Night every Sunday (good for "steak of the

 Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday

Chef's Special on Friday evenings plus regular menu.

Prime Rib and Seafood Combo on Saturday.

#### **DINNER MENU**

#### Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

#### Monday - Closed Tuesday

- Regular Menu
- Two for one special (\$10)

#### Wednesday

- Mongolian BBQ
- Limited Menu

#### Thursday

- Limited Menu
- Fine Dining
- All You Can Eat Pizza, Pasta Bar & Salad Bar \$9.95

#### Friday

- •Fine Dining
- •Regular Menu
- •Chef's Special

#### Saturday

- Regular Menu
- Prime Rib Dinner (\$12.95)
- 6oz Prime Rib and Shrimp Scampi (\$12.95)

#### FIRELIGHT LOUNGE

- Sunday, 16 January, will be open until 1 am with a variety of music.
- Saturday, 29 January, Country Band, 8 10 pm.

# 

\*Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up 1 number.

he Sagami Lounge will be closed on 17 January in observance of Martin Luther King's birthday.

Remember to try one of Sagami Lounge's "All-U-Can Eat" lunch buffets (Tuesdays, 11 and 25 January).





#### ■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

#### **LUNCHES**

#### **MONDAY**

- 3 Chicken and Cheese Spanish Tortilla
- 10 Beef Steak Chaliapin
- 17 Closed
- 24 Chinese Sweet and Sour Chicken
- 31 Pork Loraden

#### **TUESDAY**

- 4 Pork Cutlet Italian Jurgenara
- 11 All-U-Can Eat (Japanese Buffet)
- 18 Mushroom Hamburger Steak
- 25 All-U-Can Eat (Mexican Buffet)

#### **WEDNESDAY**

- 5 Stuffed Bell Pepper and Cabbage Roll
- 12 Chicken Fajitas
- 19 Lasagna w/Garlic Bread
- 26 Beef Stroganoff w/Butter Rice

#### **THURSDAY**

- 6 Lasagna w/Garlic Bread
- 13 Breaded Pork, Chicken and Beef Patty
- 20 Tandori Chicken
- 27 Sagami Lounge Chicken Cutlet

#### **FRIDAY**

- 7 Salmon and Scallops Skewer
- 14 Seafood Florentine
- 21 Shrimp Soft Tacos
- 28 Seafood Platter

#### **DINNER SPECIALS**

# TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 4 Mexican Dinner Special
- 11 BBQ Dinner Special
- 18 Japanese Dinner Special
- 25 Pizza & Pasta Dinner Special

#### WEDNESDAY NIGHT

5, 12, 19, and 26 January, draw your own discount

# THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 6 French Dinner: Beef Steak Piemontaise
- 13 Italian Dinner:
  Baked Salmon and Seafood
  Risotto
- 20 Chef's Choice Chicken Saute w/Orange Sauce
- 27 French Dinner:
  Beef Tenderloin Genevoise

#### FRIDAY NIGHT

- 7 Steak and Shrimp
- 14 Prime Rib Dinner
- 21 Steak and Shrimp
- 28 2 for 1 Steak Night

#### SATURDAY NIGHT (MONGOLIA BBQ) Saturday, 8,

15, 22 and 29 January



### ■ Hob Nob Inn • 267-6097

#### **HOB NOB NEWS**

The Hob Nob Inn dining room in the Sagamihara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6097.

#### **KARAOKE NIGHT**

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.

#### **HOURS OF OPERATION**

Mon, Tue, Thu: 4:30 - 9 pm Wednesday: 4:30 - 11 pm Friday: 4:30 pm - 1 am Saturday: 7 pm - 1 am Sunday, Holiday: Closed

### ■ Arts and Crafts • 263-4412

#### 4th Annual Wildlife Photo Contest

- Contest Exhibition: 12 22 February
- Entry Deadline: 6 February
- Awards for First, Second and Third place. Winners will be awarded at the Travel Fair on 5th March.

For more information, phone 263-4412.

Stop by to engrave a "Torii Gift" for your friends.

# WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

#### **SERVICE**

#### • Balloon Shop

Helium filled mylar balloons range from \$2.75 to \$3.75. Latex of many colors are 75¢ to 85¢. For better service, place your order in advance.

#### **CUSTOM PICTURE FRAMING**

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

#### THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from our Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

#### **PRINT SHOP**

#### • Screen Printing and Heat Transfer Printing

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

ARTS AND CRAFTS CLASSES						
Pottery and Ceramics Basic Course Advance Course Framing	Saturday	2 pm	\$10 plus materials \$10 plus materials			
Basic Advance & Refresher Textile Arts Japanese Dough Art Tole Painting	Thursday (1, 2 and 3rd)	6 - 8 pm Appointment only 5 - 7 pm 30 am - 12:30 pm 3 - 5 pm	\$10 plus materials \$10 \$15 \$10 plus materials \$15			
Washi Paper Ikebana	Friday Thursday ( 1, 2 and 3rd)	2 - 4 pm 4 - 6 pm 2 pm	\$15 plus materials \$15 plus materials \$15 plus materials			
Scrap Book Making	Saturday ations require registration in ad	2 pm	\$10			

re-deployment Training.

ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the Outreach Room. This training is available to all deploying military members and their families. The briefing discusses ways to prepare financially, physically, and emotionally for family separations.

Unit training is also available by calling 263-8089/

# ■ Army Community Service • 263-8327

#### RELOCATION READINESS/MO-BILIZATION & DEPLOYMENT PROGRAMS, 263-8089

#### Medical Morning and Community Tour

Healthcare professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given during this briefing. The briefing will be held on 12 January in the ACS Community Room, 8 - 10:30 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program. A community bus tour will be conducted immediately following the briefing. All newly arrived personnel are encouraged to attend. Lunch will be provided. The tour is scheduled from 10:45 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

## • Newcomer's Train Class Parts I and II

**Part I** will be held on Thursday, 13 January, 6 - 8 pm, in the ACS Community Room, Building 402. Get out

and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

**Part II** will be conducted on Saturday, 15 January, at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

#### • English Teachers Network

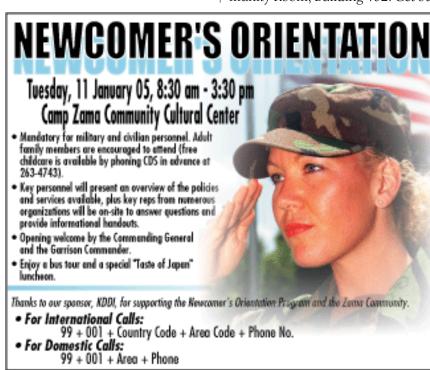
This month's English Teachers Network will meet on 13 January, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching. For additional information, contact Ms. Crowell at 263-8089.

#### • Shopping on the Economy

Community members wishing to attend the "Shopping on the Economy" class should mark their calendars for Friday, 14 January. This class will depart Gate 4 at 9:45 am and will return approximately at noon. There are many great bargains right outside the gate. Let our Japanese experts show you how to shop at the department stores, where to find the best fruits and vegetables, and more. Call 263-8327 to sign-up. Bring ¥400 for transportation and some for extra purchases. Children are welcome, but free childcare is also available provided you call CDS one week in advance at 263-4743.

#### Japanese Language Class

Would you like to learn to speak Japanese? A basic conversational Japanese language class is now being offered at ACS! This free class is held every Wednesday from 10 am - noon in the ACS Outreach Room, Bldg 402. For more information, call 263-8089 or to sign up for the class call 263-832. The class will resume in February.



Sponsorship does not imply endorsement by the U.S. Government

• **Knitting Class** will meet every Tuesday of the month from 9:30 - 11:30 am in the ACS Outreach Room. Learning to knit or crochet can be great fun. Let our Japanese volunteer show you how. For more information, contact the Relocation Office at 263-8089.

#### • Sponsorship Training

Learn how to be an effective sponsor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-8089.

# • Deployment Readiness Support Group

If your spouse is deployed, then Army Community Service is looking for you!!!

On the 2nd Thursday from 5:30 - 6:30 pm, ACS will conduct a support group for family members of deployed Soldiers. The support group will be held in the ACS Community Room, Bldg. 402. For more information, contact 263-8089/4783.

# AFTB AND AFAP / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-4783

If you've ever wanted to instruct, or learn more about the military, now is your chance! Army Family Team Building will be offering the following courses this month: January 10, 11, 13 and 14, 2005 – AFTB Instructor Course and January 20 and 21 – AFTB Level I. Both will be held at ACS, Building 402, from 8:45 am - 3 pm. For more information or to register, please contact ACS at 263-4783.

If you have any suggestions, issues or concerns to improve the quality of life for the Camp Zama community, issue forms are now available for the next AFAP Symposium to be held 22 - 25 March. You may drop the issues off at ACS or in issue boxes located throughout the community. We are also looking for

volunteers to assist. Call 263-4783 to sign up!

# FAMILY ADVOCACY PROGRAM 263-4785

#### • Family Maltreatment Prevention

The Family Advocacy Program provides services designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-4785.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, 263-4785.

#### NEW PARENT SUPPORT PROGRAM (NPSP), 263-3638

The NPSP specializes in assisting and offering services to new and expecting parents.

• *Play Morning* is an interactive playgroup for parents and children birth to 6 years and is offered every Tuesday at SHA CDC from 9:30 - 11:30 am and every Thursday at Zama Chapel, 9:30 - 11:30 am.

In conjunction with Play Morning, the NPSP has a Baby Love Seminar every 4th Tuesday of the month. This one hour informative session is facilitated by a subject matter professional providing a wealth of information on a variety of topics relating to children from birth to 6 years of age.

# EXCEPTIONAL FAMILY MEMBER PROGRAM

Enrollment in this program is mandatory for family members PCSing overseas with medical or educational concerns that require special atten-

tion. If you are currently enrolled in EFMP, keep in mind that your file must be reviewed if your condition changes or every 3 years which ever comes first. If you are new to Camp Zama and are the sponsor of an Exceptional Family Member, it is mandatory for you to in-process with ACS EFMP Specialist at 263-8087.

### COMMUNITY LIFE OFFICE 263-5550

#### • Volunteer Information

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Historically, America has a long and proud tradition of relying on volunteers to help other people help themselves. Today, America's volunteers are touching other people's lives by solving problems, while exploring new chances for personal growth. Contact Ms. Centeno at 263-5550 for more information

# • Community Information Exchange (CIE)

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next CIE will be held on 26 January at 9 am in the ACS Community Room. For more information, contact Ms. Centeno at 263-5550.

# ■ Camp Zama Golf Club · 263-4224

http://www.usarj.army.mil/information/mwr/business/golf/

ttention

GHIN Subscribers. It is now time to renew your GHIN membership for 2005. All subscribers have been deactivated. Please pay the \$20 fee in the golf shop to be activated.

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly it will be visible for weeks.

#### PAYDAY SCRAMBLE

Friday, 4 February shotgun start at 11 am. \$15 entry fee and green fees for non-members are being paid by MWR. Local national employees can play for ¥4,000.

#### **NICHIBEI FRIENDSHIP GOLF** TOURNAMENT

Wednesday, 19 January, shotgun start at 9:15 am. Cost is \$25 for annual members and includes cart and prizes. Contact Ernie Harada at 263-4225 to sign up.

#### TOMODACHI DAY

Tomodachi Days in January will be held on Friday the 7th, 14th 21st and Monday the 31st. Your Japanese guests can play with you for the low fee of ¥4,000 plus cart fee. This is a significant savings over the regular rate of ¥10,000.

#### NOTE

Do you and a group of your friends want to learn to golf but Wednesday's just don't work for you? Contact Dale Jorgenson at 263-4224 and he will create a custom group class schedule for you.

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

### **ATTENTION**

**Annual Green Fees for 2005** 

In August of 2004, we changed the procedure for annual green fees from "calendar year" to "one year from date of purchase". If your annual green fee card expires 31 December 2004, you will need to pay prior to your first round of golf in 2005, or pay a daily green fee.



# ■ Academic Training Division • 263-5633/3992

#### **COLLEGE REGISTRATION**

Term III will be conducted from 3 - 14 January 2005 for the University of Maryland University College and Central Texas College.

Education Center (for TA): 263-3015

University of Maryland: 263-5379 Central Texas College: 263-5228

#### JAPANESE HEADSTART

This free course is mandatory for all military personnel assigned to Camp Zama. Learn about Japanese customs, culture, and language. Adult family members and DACs are encouraged to attend. To enroll, please telephone 263-5311/3015.

#### Course period:

18 - 24 January and 31 January - 4 February

#### **FAST CLASS**

The next Functional Academic Skills Training (FAST) class will be held at the Education Center from 24 January to 15 February. Students attend every day from 8 am - noon. This class is for Soldiers preparing for the AFCT retest for GT score improvement. Instruction is in the areas of reading, mathematics, and English. Civilian students preparing for the GED test are welcome on a space available basis. Soldiers must take the TABE A7 test prior to enrollment in FAST. Call 263-5311 for enrollment information.

# FREE JOB SKILLS DEVELOPMENT CLASSES

Do you want to unleash the power of your computer or enhance your job skills for job search or promotion? Hurry and sign up for the Microsoft Office classes available at the Army Leaning Center. Adult family members and Army civilians have priority, but other adults are eligible to take the classes on a space available basis. To enroll, please phone 263-5271 or e-mail adam.goldstonrumpke@us.army.mil

Sagamihara Housing Area

CDC PAC Meeting
at SHA CDC

Tuesday, 11 January 4 - 4:45 pm

For further information, please contact Maricel Henson, SHA CDC Assistant Director at 267-6564 or Serrenyun Jackson at 263-5008

or dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Zama Local Tours" office. Our customer service will be happy to help you out!

# ...at a glance

- Fujimi Kogen Ski Trip
- Tsukiji Fish Market
- Kanazawa Zoo

700

- Antique Jamboree at Tokyo
- 15 · Italia Festival
- **16** Yokosuka Shopping
- **16-17** Naeba Overnight Ski Trip
- "Alegria"17 Cirque De Soleil
- 22 Yatsugatake Ski Trip
- Yokohama Bay Cruise **23** & Ramen Museum
  - Kabuki
- 29 · Happo-one Ski Trip
  - Tokyo International Quilt Festival
  - Odawara Castle & Enoshima Aquarium

\*Highlighted Tours are listed in bold.

# ■ Zama Local Tours • 263-4671

(Map location 31)

# SKITRIP FOR BEGINNERS (FUJIMI KOGEN)

Saturday, 8 January

Depart: 5 am • Return: 6:30 pm Reserve equipment by Tuesday, 4 January. This resort is geared towards beginner skiers, but also offers a couple of challenging slopes for intermediate level skiers. This is a great opportunity to improve your ski skills at a price you can't beat! Bring yen for lift tickets, shopping, souvenirs and food/drinks.

Lift tickets: One-day ticket -Adult ¥3200, Youth ¥2500, One time tickets ¥300. 12 times ticket ¥3000.

Adults/Youths/Infants: \$19

# Don't miss this show! Tickets are limited. *Bring yen for souvenirs and food/drinks*.

Adults/Youths/Infants: \$99



#### **KABUKI**

Sunday, 23 January Depart: 9:30 am • Return: 6 pm

Adults (12 & up) only Sign up by Friday, 17 December, 2004 Watch "Kabuki", one of the world's greatest theatrical arts. Kabuki originally consisted of short dances but the repertoire now is huge and is made up of both plays nad dances, most of which date from the seventeenth and eighteenth centuries. Originally the principal entertainment of the urban merchant classes, Kabuki is the traditional, popular theatre of Japan and continues to flourish and draw large audiences. Earphone Rental (English guided): ¥650, refundable deposit ¥1000 is required. Bring yen for earphone rental and food/drinks (or feel free to bring your own lunch).

Adults (12 & up): \$29



#### ITALIA FESTIVAL

Saturday, 15 January

Depart: 8:30 am • Return: 4 pm This festival introduces everything about fashion, design, food, etc. of Italy. And also you will learn about its history, culture and life style. Reasonable advanced tickets are available at convenience stores. Bring yen for admission, shopping and food/drinks.

Admission Fees: Adult(12 & up) Advance ticket ¥1300/at the door ¥1500, Youth (11 & under) Free

Adults/Youths: \$6 • Infants: \$3



# "ALEGRIA" CIRQUE DE SOLEIL

Monday, 17 January

Depart: 12:30 pm • Return: 7:30 pm Sign up by 17 December, 2004 "Alegria" is the best human performance group in the world. Their performances are based on their unusual physical abilities. Some performances are included high wire, bungee & straps, contortion, fire eating, hoops, Russian bars, crowns, etc. Interesting and fascinating!



#### Better Opportunity for Single Service Member

 BADD Van-BOSS Against Drunk Driving Every Friday night at the Firelite Lounge (CZCC) Rides from 11 pm - 3:30 am to Sagaimi Depot, SHA, Camp Zama and Atsugi Housing.

#### **MEETINGS**

- \*All meetings are at 2 pm at the CCC..
- Tuesday, 11 January
- Tuesday, 25 January

\*Icons shows the services/fees included in the cost.



Guide









•Transportation •Admission/Tickets

### ■ Outdoor Recreation • 263-4671

(Map location 31)

#### NATURE/BIRD WALK WITH SUSAN (YATOYAMA PARK)

Saturday, 15 January

Depart: 7 am • Return: 1:30 pm A leisurely but invigorating walk from Camp Zama to a nearby park for soome midwinter light exercise. Beautiful scenery, birds and plants. Nice paths through the woods that open out onto a pond with ducks, grebes and kighfisher. Bring a hat, comfortable walking shoes, food/drinks, camera, towels and binoculars. Just in case of rain, you should also bring a jacket & pants.

Adults: \$7 • Youths/Infants: \$0



#### SNOW SHOEING & HOT SPRING (NASU HIGHLAND)

Saturday, 22 January
Depart: 5 am • Return: 9 pm
Sign up by Saturday, 8 January.
Beginners welcome! Join us to try
something hot and new! You will be
introduced to the mountains covered in brand new snow and hike in
areas that have only animal and

snowshoe tracks. Enjoy lunch break in great Mother Nature with a gorgeous view of shining, white mountains. Free hot coffee and soup will be provided. After...just soak, relax and refresh ourself in the hot spring! Limited to: 6 Adult participants only. Adults: \$89

Cost also includes snow shoes, sport insurance and hot spring fee.



# WINTER CLASSIC TROUT DERBY

Saturday, 29 January Starts: 1 pm • Finish: 3:30 pm Sign up by Wenesday, 26 January and receive a free gift.

This is a fun day of fishing for both youths and adults. Enjoy some time fishing and even win a prize! Reasonable fishing tackles and rental poles are available.

Prize Categories: US Adult Total Weight-1st-3rd places, US Youth Total Weight-1st-3rd places, IHA/MLC/Guest Total Weight-1st place, Largest Fish, First Fish, First 10 Fish. Adults: \$12 • Youths/Infants: \$6

#### LUCKY CATCH! DEWEY PARK POND

Fish the tagged trout and win a big prize! Call for more info.

Daily license \$5 (4 trout per license) Pole rental \$3 a day

Reasonable fishing tackles are also available.

#### **RENTAL SKIS & SNOWBOARDS**

To ensure that you have a great ski trip, please make your equipment rervations 3 working days prior to the pick up date and we will guarantee availability, correct size and safety setting. The full rental fee is required upon resrvations. Daily rental fees: ski set \$16, snowboard set \$18, bib pants \$5.

#### **VEHICLE RENTALS**

Keep your eyes open for great specials this winter at Outdoor Recreation. Like rent a van between 1 December and 28 February and we'll throw in a cooler for FREE!!!





acility reservations.

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.



# ■ Community Cultural Center

263-3939

#### CLASSES

The Community Cultural Center offers the following instructional classes:

#### • Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii, Ms. Sako, and Ms. Amano. The cost is ¥6,500 per month.

#### Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

#### Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

#### • Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

#### • Jazz Dance Lessons

#### **CCC NEEDS INSTRUCTORS**

The Community Cultural Center is seeking instructors to teach ballet and piano. Interested persons should contact the Community Cultural Center or call 263-3939 for more information.

Jazz dance lessons are offered each Wednesday and are instructed by Ms. Chilson. The cost is \$36 per month for children 4 - 6 years of age, and \$40 per month for those seven and above.

#### **RENTALS**

The Community Cultural Center has sound equipment, costumes, table rentals, table cloths/skirts, tournament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.

### ■ Torii Station, Okinawa MWR Activities · 644-4270

# ARMY COMMUNITY SERVICE, 644-4110

The Army Community Service Advisory Council will meet on 11 January from 11 am - 1 pm, Bldg. 236. This will be a brown-bag luncheon meeting.

# • Army Family Team Building, 644-4743

ESL classes will be held on Thursdays throughout January and February from 9:30 - 11:30 am, Bldg. 236, ACS Conference Room. This class provides an excellent opportunity for foreign-born spouses to improve their English language speaking and writing skills while making new friends and learning about American culture.

# • Army Family Action Plan, 644-4743

In preparation for the AFAP Conference in February, Delegate Training will be held on 5 January, 9 - 11 am. Facilitator/Recorder/Transcriber Training will be held on 5 January, 1 - 3 pm, Bldg. 236, ACS Conference Room. It is imperative that all volunteers be present at the appropriate training.

# • Free Child Care Program, 644-4116

Army Community Service offers "Free Child Care" for the following programs:

- Newcomer's Briefing
- PCSing Personnel, In-Processing and Out-Processing
- Deployed Personnel
- Reunion Care

#### • Car Care Program, 644-4116

Army Community Service also offers the "Car Care Program" for spouses of deployed personnel.

# • Volunteer Management Training, 644-4116

Class will be held on Wednesday, 19 January, 9 am - noon, in the ACS Conference Room (Bldg 236). Learn more about managing your volunteers effectively. All FRG leaders, BOSS program leaders, and all volunteer supervisors are encouraged to attend.

• Financial Readiness For First

#### Termer's. 644-4378

This month's class will be held Monday, 10 January, 9 am - 4 pm, in the ACS Conference Room (Bldg. 236). Learn more about principles of finance, planning and budgeting, banking and checking accounts, using credit wisely, insurance, and savings and investing.

# • Financial Planning and Investing Class, 644-4378

The key to good investing is to have a good financial plan. If you are interested in investing, or if you want to see what steps you need to take to be ready to invest, we have the class for you. The Financial Planning and Investing Class will be held on Thursday, 20 January, 1 - 4 pm, in the ACS Conference Room (Bldg. 236).

#### SPORTS, 644-4334

#### • Martin Luther King 5K Run

Date/Time: Saturday, 15 Jan, 8 am. Entry Fee: \$10

Age category: 18-25, 26-35, 36+ (male and female)

#### **AUTO CRAFT CENTER, 644-5612**

Going TDY? Need "Long-term parking service"?

ONE TIME! \$20 (TDY order is required).

Why don't you buy a convenient CAR WASH PUNCH CARD?

\$20 for 4 car washes by our car wash specialist!

# OUTDOOR RECREATION, 644-4698

Camp out on the Torii Beach camping area. Enjoy nature and a bon fire under the stars.

\$5/lot with grill, South camping area (for family use).

\$50/whole North camping area (for group use).

#### LIBRARY, 644-4468

Hours of operation 10 am - 7 pm, Tuesday through Saturday.

#### **SCUBA LOCKER, 644-4290**

Check with the training staff to sign-

up for scuba classes and don't forget about the opportunity of a lifetime...Dive with a Whale Shark!! The Scuba Locker has the latest equipment for the true diver. Visit us and see the always changing line of diving gear being offered. Whether you are a brand new diver, a novice, or you desire to upgrade to the top level of qualification, we have a highly qualified staff available to train you. Check with the training staff to sign up for scuba classes. Did you know that the Scuba Locker offers free air fills to all ID card holders?

#### CORAL COVE CLUB, 644-4017

Lunch at the Coral Cove is from 11 am - 1:30 pm. Daily specials plus a grill line, deli line, and salad bar. Every Wednesday at lunch we feature pasta cooked to order with your choice of toppings, sauce and meat for only \$4.95. Enjoy Coral Cove's Sunday breakfast. The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12, \$3.95, and children under 5 eat free.

#### **FREE MOVIES**

Torii Station free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and the "Torii Newspaper".



#### KADENA BROWNIE TROOP 461 VISIT TORII STATION

Kadena Brownie Troop 461 picked up their hammers and gained valuable educational skills at the Torii Station Arts & Crafts. The troop built wheel barrel planters and developed other skills and self confidence. The smiles expressed by the children showed how successful each child felt about their personal experience.

# ■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF COMMUN		■ SAGAMI LOUNGE	268-4954	Central Registration	n	263-4743
Army Community Ser	263-7611	Take Out Lunch Mon-Fri	<b>268-4142</b> 1100-1300	Mon-Fri <b>Depot Dev Group</b> H	0830-1	730 <b>268-4625</b>
		Dinner Tue-Sat	1700-2000	Mon-Fri	0830-1	730
■ Army Community Service Mon, Tue, Thu, Fri		Lounge/Game Room Tue-Thu	1100-2200	Sagamihara CDC Mon-Fri	0530-1	<b>267-6564</b>
Wed	0700-1700	Fri Sat	1100-2400 1630-2300	Zama CDC		263-4992
ZAMA Golf	Club	Open during lunch		Mon-Fri ■ YOUTH SERVICES	0530-1	800
Director of Golf	263-4224		. 6	Depot Youth Center		268-4625
Administrative Office	263-4966	Community Recreat	ion Division	Zama Youth Center Mon-Thu	1430-2	<b>263-4500</b>
(All the following golf activities a Course/Starter	re open during lunch). 263-4975	■ ADMINISTRATIVE OFFICE ARTS & CRAFTS CENTE		Fri	1430-2	200
Mon-Fri	0700-1700	Mon-Tue	Closed	Sat Sun	1200-2 1400-1	
Weekends & US / J	apanese Holidays 0600-1700	Wed-Thu Fri, Sat & Sun	1300-2100 1000-1800	School Age Services Mon-Fri	<b>S (SHA)</b> 0630-1	267-6317
Restaurant	263-7665	Open during lunch	Į.	Youth Sports		263-5437
Mon, Tue, Thu, Fri Wed	0630-1700	■ AUTO CRAFTS SHOP  Mon-Tue	<b>263-3615</b> Closed	Tue-Sat Open during l	0900-1	800
Weekends & US / J		Wed-Fri	1300-2100			
Pro Shop	0530-1700 <b>263-5284</b>	Sat-Sun  COMMUNITY CULTURA	1000-1800 L CTR 263-3939	Services D	ivision	
Mon-Fri Weekends & US / J	0645-1700	Mon-Fri	0900-2045	■ ADMINISTRATIVE O	FFICE	263-5962
Weekends & 037 J	0545-1700	Sat, Sun & Hol Open during lunch	Closed	Zama Lodgir	ıa	
<b>Driving Range</b> Wed - Sat	<b>Unattended</b> Sunrise-2200	■ INTERNATIONAL TOUR				000 0000
Mon	Sunrise-1930	Mon-Fri Open during lunch		■ ADMINISTRATIVE O Reservation Desk	FFICE	263-3293 263-2775
Tuesday Sun	1000-2200 1600-2200	■ LIBRARY Zama	263-3517	Front Desk Open 24 hours/7	dava a waal	263-3830
Chip Inn & Snack Stan	d 263-5834	Mon-Thu	1000-2030			
Mon-Fri Weekends & Hol.	0800-1600 0700-1500	Fri- Sun & Hol Open during lunch	1000-1800	USAG-J Oki	nawa MWR	1
Community Operati	one Division	Depot	268-4523	■ MWR OFFICE		644-5396
		Tue-Thu Fri & Sat	1000-1800 0900-1700	Director	SERVICE	644-4110
■ ADMINISTRATIVE OFFIC	CE 263-4452 263-5614	Sun, Mon	Closed	Receptionist		644-4175
■ BOWLING CENTER ZAM	IA 263-4780	Open during lunch <b>Sagamihara</b>	267-6603	Relocation Coordina Outreach/Volunteer		644-4385 644-4116
Mon-Wed, Sat-Sun Thu & Fri	1100-2200 1100-2230	Tue-Thu Fri-Sat	1000-1900 0900-1800	Finance/Consumer	Affairs/AER	644-4378
Holidays	Closed	Sun, Mon & Hol	Closed	School Liaison Officer Family Advocacy		644-4908 <b>644-4106</b>
■ BOWLING CENTER DEPO Tue - Sat	1100-2000	Closed for lunch  OUTDOOR RECREATION	1400-1500 <b>V 263-4671</b>	AF TB / AFAP Mana ■ ARTS & CRAFT CEN		644-4743 644-4303
Sun - Mon  ZAMA COMMUNITY CLU	Closed J <b>B 263-4133</b>	US Holidays	Closed	Lobby		644-4706
Lunch	D 203-4133	Vehicle Rental/Equipme Mon-Fri	ent Rental 0900-1730	Business Manager	MUNITY CL	UB 644-4894
Tue-Thu Sunday Brunch	1045-1315 1000-1330	Sat-Sun	0800-1600	Lounge		644-4306
Cashier & Game Room	S	Open during lunch Local Tours	263-4671	Cashier Cage Kitchen		644-4426 644-4505
Sun-Thu Fri	1000-2300 1000-0230	Mon-Fri	0900-1730	■ LIBRARY		644-4468
Sat	1000-0330	Open during lunch Animal Boarding Kenne	els 263-5915	Staff Room  MARKETING		644-5335 644-4703
Catering Tue, Thu & Fri	<b>263-4204</b> 0930-1730	Mon-Fri Sat-Sun	1000-1700 1000-1600	Commercial Sponso Graphic/Illustration		644-4495 644-4665
Wed	Appts Only	Closed for lunch	1230-1330	■ MOVIÈ THEATER		644-4381
Café Roberto Tue-Thu & Sun	1100-2200	■ POOLS YANO	<b>263-5656</b> 263-5037	SPORTS/OUTDOOR I		644-4144 644-4334
Fri Sat	1100-0100 1100-0100	Mon-Fri	0600-1800	Sports Specialist	on remai	644-4797
Cornerstone Game Roo	m (no bar)	Sat-Sun, Holidays <b>SHA</b>	1000-1800 267-6122	Event Coordinator Swimming Pool		644-4169 644-4389
Tue-Thu & Sun Fri	1000-2300 1000-0330	Mon-Sun <b>DEPOT</b>	1200-1800	Scuba Locker Retail Sales		644-4795 644-4290
Sat	1000-0230	Wed-Sun	1200-1800	Equipment Issue		644-4263
Eda's Seafood & Filet Thu & Sun	1700-2100	■ SPORTS/FITNESS CENTE Zama	ER 263-4664	Parks, Picnic & Bea	ch	644-4698
Fri & Sat	1700-2200	Mon-Fri	0530-2030	Kure Har	bor Club	
Firelite Lounge Sun, Tue-Thu	1630-2300	Sat-Sun, Holidays <b>Sagamihara</b>	1000-1800 <b>267-6122</b>	■ MWR Office	0800-1630	256-2580
Fri Sat	1630-0330 1900-0230	Mon, Tue, Wed, Fri				256-2581
USA Dining Room		Tue	1200-1800 Closed	■ Outdoor Recreation ■ Dining Room	0900/1700	256-2575
Tue, Thu & Sun Wed	1700-2100 Closed	<b>Depot</b> Wed-Fri	<b>268-4729</b> 1200-1900	Mon-Fri (Breakfast)		
Fri-Sat	1700-2200	Sat & Sun	1200-1800	Mon-Fri (Lunch) Tue-Sat (Dinner)	1130-1300 1630-2000	
■ HOB NOB INN Lounge & Game Room	267-6097	Mon, Tue	Closed	■ Bar Mon	1630-2000	
Mon, Tue- Thu Wed	1630 - 2100 1630 - 2300	Child and Youth Serv	ices Branch	Tue-Sat	1630-2200	
Fri, Sat	1630 - 0100	■ ADMINISTRATIVE OFFICE	CE 263-5701	■ PX / CLASS 6 Mon-Fri	0900-1730	
Sat Sun	1900 - 0100 Closed	■ Child & YS Coordinator	263-8086	Sat	1130-1530	
Restaurant (Closed)		(All the following CDC facilities a	a e open aan mg mnen.)			



community night



friday 7 january 5-8 pm

advance tickets: \$3.00

at the door: \$5.00

lots of finger food & karaoke!

THANKS to our sponsors for supporting this event and the Torii Station Community



